

Holly Springs Surgery Center

Pre-operative Instructions

THE DAY BEFORE SURGERY:

The center will call you with your arrival time.

Because preparing for surgery is very important, to assure your safety and the best possible experience, we have listed some important rules for you to follow. Ignoring these may cause your surgery to be delayed or cancelled.

IF YOU ARE HAVING ANESTHESIA/SEDATION:

- Do not eat or drink anything after 12:00 midnight the night before surgery (this includes: chewing gum, lozenges, hard candy and chewing tobacco)
- Do not bring valuables with you on the day of surgery (this includes: purses, money, jewelry, etc.)
- If possible, make arrangements for child care which will allow you to concentrate on recovering.
- If receiving anesthesia or valium, please have a responsible adult drive you home.
- You will be asked to arrive at least 1 ½ hours prior to the time of your surgery, however, this may be up to 2 hours, depending on the type of anesthesia you are receiving. A nurse from Holly Springs Surgery Center will call you with your arrival time.
- If you are a diabetic, you will be given instructions as to the dose and time to take your medication prior to arriving at the center.
- If you routinely take a medication that thins the blood, you must speak with your surgeon about when to stop this drug and if you may need any blood tests before surgery. (i.e. aspirin, Coumadin, Plavix, Naprosyn, Motrin)
- If you are delayed in arriving, please call the surgery center as soon as possible at 919-762-4030.

THE DAY OF SURGERY:

- Bring a list of all current medications (including vitamins & herbals) with dose and frequency. Do not bring prescriptions to the facility.
- Wear loose, comfortable clothing and simple shoes to make getting dressed after your surgery easy. Do not wear jewelry.
- Bring your insurance cards and driver's license for the admitting process.
- Escorts need/must/shall remain in the building while the patient is in surgery.